

Emerging Trends in Mental Health: Implications for Workplace Violence Prevention

Recognizing shifts in mental health trends is considered an essential competency for threat assessment and violence prevention professionals. Following the pandemic, the prevalence of mental illness among adults in the United States increased from 18.6% to 26.4%, according to data from Johns Hopkins, reflecting a rise from one in five to one in four adults. Projections indicate that mental health and substance abuse disorders may soon become the leading cause of global disability, surpassing physical diseases.

The American Psychological Association reports historically high levels of stress, while research by the FBI has identified mental health stressors as the primary factors contributing to active shooter incidents. Although studies consistently demonstrate that individuals with mental illnesses are <u>not</u> more likely to engage in violent behavior than others in the community, both mental illness and stress are recognized as contributing, rather than causal, risk factors. Comprehensive understanding of the relationship between mental illness and targeted violence, alongside current mental health trends, remains crucial for those involved in violence prevention.

DATE: November 5, 2025 | TIME: 1:00-2:30 pm EDT Registration is required. Register at:

https://us02web.zoom.us/webinar/register/WN_i33sMrnYTKmPMCJ3XiMklw

About the Instructor

Steve Crimando, MA, CTM, is the founder and director of the Homeland Security Human Factors Institute™ at Behavioral Science Applications LLC. An internationally recognized as an emergency behavioral health clinician, educator, and crisis responder. Steve holds the Certified Threat Manager (CTM) credential from the Association of Threat Assessment Professionals (ATAP) and is a Certified Master Trainer for the U.S. Department of Homeland Security's National Threat Evaluation and Reporting (NTER) program. A published author, he is frequently consulted by media outlets and the judiciary as a trusted authority in threat assessment and violence prevention.

